

Rudi's Professional Endorsements



“As the former director of the 3 Principles Services Division with the department of Alcohol and Drug Services, county of Santa Clara in San Jose California, it is my pleasure to recommend Rudi as a facilitator of the 3 Principles. While director of the 3PSD for over 11 years, I worked with some of the most experienced 3 Principles facilitators in the world. I have observed Rudi's humility, deep feeling and understanding with which she shares the Principles matches that of the most experienced trainers I have encountered.

His dedication to sharing the understanding of the Principles with the world is unparalleled. Rudi and his previous partner Jenny's work is supporting and promoting the work of the Three Principles throughout the world. They have gone about their work with absolute integrity to the understanding of the Principles.”

Linda Ramus – M.A., M.Ed. former Director of the 3P Services Division, County Department, California

“In ‘The Missing Link’, Syd Banks, who first described the 3 Principles, encourages readers to look for teachers who are well-balanced, happy and who reflect and demonstrate a highly desirable quality of life. What stands out most for me about Rudi is the beautiful feeling he lives from....from that feeling, he teaches in a way that is meaningful, purposeful and illuminating. His words touch the heart and speak to the soul – catalyzing insights for personal and professional growth. He has a deep understanding of the 3 Principles to offer those who seek them out as coaches and facilitators.”



Linda Sandel Pettit, Ed.D. – Counseling Psychologist



“Rudi offers a fresh, warm and heartfelt experience of the Principles. He is a caring, humble person with a commitment to continual deepening of her own understanding. Spending time with him is inspiring as he makes the logic of the Principles accessible and meaningful to people at any stage of their learning.”

Dr. Judith Sedgeman – International speaker, trainer and facilitator

“I have known Rudi for several years. I find him to be a wonderful teacher of the understanding of the three principles. He has a solid grasp of the principles and teaches it with certainty and credibility. He has a personable, friendly style of teaching that makes the audiences very comfortable and eager to learn.



Together with his previous business partner they developed an international, web-based resource center that has served thousands of clients and teachers of the three principles. Many of the videos they created themselves by traveling the world to document various teachers and communities that support the three principles. This resource center provides immediate access to anyone who wishes to

learn about the principles from the most experienced teachers and providers. The resource center is a testament to their inspiration and dedication to their vision.”

They are warm-hearted people with strong integrity. He teaches from his heart and cares deeply for his audiences. He teaches with clarity and listens well to the audience. I have found it very easy to learn from him

Dr. Mark Howard – Psychologist and International speaker



“Rudi has given herself in selfless, joyful service for several years now in order to promote the Three Principles globally. In this way, he has been an inspiration to so many of us ‘old timers’ in the 3 Principles community—the living proof that there is no hierarchy, no conditions of time, or of seniority, for wisdom.”

His profound understanding of the Principles is what led his generosity of spirit, and his teaching is a reflection of this: of who he is, and what he understands about life—which is quite a lot!”

“As a friend, as a colleague, as a 3 Principles teacher and ‘promoter,’ I simply

love him.”

Ami Chen Mills-Naim – Radio Host, international speaker and Author

“Rudi defines the word “service”. Rudi and his previous business partner have spent years of committed dedication creating, supporting, and sustaining the Three Principles Movies website. This website is a state of the art resource for practitioners and students of the Three Principles understanding. People have no idea of the enormous number of hours required to film and edit the large numbers of videos on this site. This enormous task has been accomplished because of their vision of the role the Three Principles can play in relieving suffering in the world, and the generosity of spirit that they both work from. This has required great personal and financial sacrifice on their part, but people all over the world are benefiting from their service.”



He has also committed to deepening his own grounding in the Three Principles. He attended trainings in the 3Ps and completed a Training of Trainers Program run by the late Dr. Roger Mills. he also completed a residential two-month training program with the staff of Pransky and Associates. He also had his own unique training opportunities. Because he and his previous partner have traveled the world to film 3P practitioners they have had the opportunity to interview first hand and witness the live projects in business, communities, the prisons, schools, and therapy practices. Being the voracious students that they are these opportunities afforded them on-going learning experiences contributing to their own grounding.

Rudi is a wonderful role model of what he teaches. His style is gentle and accepting. And his generosity of spirit brings out the best in his students. You can consider yourself fortunate if you have a chance to spend time with him as he shares his understanding of the Three Principles.”

Dr. Dicken Bettinger – Psychologist, Author and International speaker



“Rudi sees the inside-out nature of life with amazing simplicity, clarity and a depth of understanding I really love. He is a superb facilitator who really ‘walks his talk’.”

Jamie Smart- Author of the #1 bestselling book, *Clarity: Clear Mind, Better Performance, Bigger Results*

When I first stumbled across the 3 principles, there were virtually no resources available other than a few mostly out of print books and audio recordings. I actually had to use the yellow pages (remember them?) to track down practitioners. Rudi and his previous partner have catalyzed a renaissance in the field, and thanks to their tireless round the world quest to bring the inside-out understanding to the general public, there are hundreds of videos, audios, and websites devoted to this important field. Best of all, he practices what he preaches, and you will feel his loving presence and wisdom in every course he presents!”



Michael Neill, bestselling author of numerous titles, including the principles-based book *The Inside-out Revolution: the Only Thing you Need to Know to Change your Life Forever!*
Michael Neill – Author and Radio Host



“Rudi is heart felt and has enthusiastically embraced the Three Principles as a guiding force in this lives. We have rarely seen such dedication! He has learned to teach The Three Principles as a paradigm and is an extremely loving and insightful teacher. We are fortunate to have him as a colleague and friend”

Keith Blevens Ph.D and Valda Monroe: International speakers and facilitators.



“Rudi is a lovely human being, He possess a powerful internal ‘stillness’ that allows him to share deeply. It is a rich experience to listen to Rudi share his understanding of the 3 Principles because He is able to use simple everyday examples to illustrate the deep impact the Principles have in our personal lives and relationships. Co-facilitating with Rudi is a joy as he always brings the spirit of collaboration and wisdom into the room. Rudi’s commitment to share the Principles in the past four years has had great impact world-wide.”

Gabriella Maldonado-Montano – International trainer, speaker and facilitator

“I am writing this to endorse Rudi as a person of integrity, a creative pioneer, grounded Three Principles teacher and facilitator. Once Rudi had a powerful insight into the nature of the Three Principles of Mind ,Thought and Consciousness, he set out to share these truths with vigor and enthusiasm. He makes every room he enters a little brighter and hearts of those present a bit lighter. He demonstrate the power that living in a beautiful feeling has in facilitating access to wisdom in self and in others. It is without reservation that I endorse Rudi as a teacher of The Three Principles.”



Dr. Bill Pettit – Psychiatrist and International speaker



Rudi is a profound teacher of the human experience. He has had hard life experiences that could have worn him down but instead set him on a completely different path sharing love and understanding all over the world to different cultures and peoples. He is an avid student of the Principles of the mind, as well as being an avid student of life and living. His depth, warmth, sense of fun and adventure and commitment to being of service, is to be admired and respected. His teaching embodies a beautiful combination of spiritual depth and practical logic. Anyone that learns with him is bound to be greatly affected and impacted.

Terry Rubenstein- ‘iheart’ co-creator, author and international speaker