

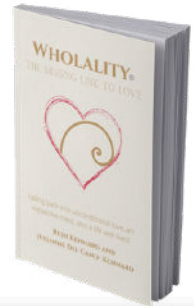


'Innate Evolution' is an Accredited Training Academy, and has given in-person trainings in over a fourteen countries to an estimated 10'000 people. We have been training coaches and facilitators for over a decade.



Wholality® Facilitator Training Testimonials

We have been giving a before and after course survey for the past 3 years, on each entire intake of students- and the results are impressive!



Stress
Down 63%
From 6/10
Down to 2/10



Self-Judgement
Down 71%
From 7/10
Down to 2/10



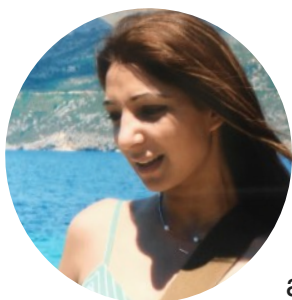
Self Love
Up 148%
From 3/10
Up to 8/10



Confidence to Coach
Up 350%
From 2/10
Up to /10



Alys Daly Therapist, Clairvoyant, Coach and Speaker



Personal Tranformation

900% increase in Resilience (from 1/10 to 10/10)
400% increase in self-love (from 2/10 to 10/10)

I had previously studied many modalities of coaching from three principles and psychotherapy to NLP and energy work, but I still felt I wasn't making as much of a difference to others lives as I wanted to. Now through Wholality I am making a difference! The results I am getting with my clients are just phenomenal! We are integrating their mind, body and spirit and they are now shifting really quickly and really powerfully.

However if I hadn't sat with my own stuff, my own blocks I couldn't do that, Wholality frees you not 'from' but 'through' your own stuff. Before this course I had eating disorders, was depressed, couldn't smile or laugh. Life was about survival. It was hard, it was painful. I didn't want to be here, I didn't love myself.

Now after Wholality, hand on heart I can genuinely say that now, I do love myself, for no reason apart from being alive. I don't have that critical inner voice anymore, I feel loved, I feel accepted, I feel I am more than good enough and I feel worthy. This course has been such a blessing for myself and my family, completely priceless.

Link To Aly's Video Testimonial: <https://rb.gy/jkj48u>



Hannah Schwabe **Transformative Coach, Yoga Teacher and Facilitator**



“I have been searching all my life to find the meaning of life, to answer those big questions. Wholality has not only answered those questions, but to me is the answer to oneness.”

It has also given me the words to express the oneness and an embodied 'space' to come from that when I teach and see clients. It has brought an aliveness to my yoga practice and a wholeness to how I coach that deepens their lives.

Personally I used to be very critical and judgmental of myself and others, this caused issues in my relationships and family life, after Wholality taught about our wholeness I realized I was judging my humanness as 'wrong' this allowed a deep acceptance of 'all' of me and now my judgment and criticism has really fallen away.

This course has deeply transformed my life and my relationships and the compassion I now feel for myself, my husband and my children is completely priceless AND to work with others through this 'whole' space is also deeply transformative for my clients and students.

Link To Hannah's Video Testimonial: <https://rb.gy/54xpne>



Heidi Wodehouse **Nurse Practitioner**



Personal Transformation

900% increase in self-love (from 1/10 to 10/10)

400% decrease in stress (from 10/10 to 2/10)

Wholality is the simplest, most realistic and authentic take on life I have ever come across! I used to attract unhealthy relationships, be a people pleaser, be needy, feel alone, guilty, burdened and my life was a constant mess and drama. After this training, I am no longer any of those, and have found a deep sense of self-love, worthiness and health in my life.

As a mum, I used to constantly worry that I was not a good parent and I was going to traumatize my son Like I was traumatized. Now that has gone and I no longer worry about that. I still have my ups and downs but I am no longer jumping on the downs and attaching to them, I can now just experience them as they are with no effect whatsoever on my self worth. I am no longer afraid of my feelings anymore, nor do I 'need' someone else to take them away. It's set me up to live the rest of my life in the best way I can for me and everyone I come across. Yay!! So grateful!

Link To Heidi's Video Testimonial: <https://rb.gy/egh508>



Donna Draper Homeopath, Coach and Therapist



“It has made me a much better coach and given me a framework to explain and unite the spiritual, mental, emotional and physical as one whole.”

After being a practitioner of numerous coaching modalities, Wholality has finally given me a framework to explain and unify the spiritual, mental, emotional and physical as all part of the whole. You can't 'fix' one thing without looking at the whole. I love Wholality as it includes the body in experience and allows a way to treat deep bodily unconscious behavioral responses. It has expanded my ability to connect with my clients and expanded the depth to which i can work with them.

Before this course I could be judgmental of others, and self-critical. Wholality dissolves criticism and judgment and gives you a genuine heart-felt embodiment of compassion for yourselves and others. I don't get wound up by life like I used to, and Wholality has brought me love, peace, patience and a 'whole' way of helping my clients embody a deeper peace and wellbeing within themselves.

Link To Donna's Video Testimonial: <https://rb.gy/ps4wte>

Hilda Rhodes

Wellbeing Coach and Business Mentor



Personal Transformation

700% increase in self-love (from 1/10 to 8/10)
150% decrease in self-judgment (from 5/10 to 2/10)

Before the training I had no idea that I was living in my head, and not in touch with deeper feelings in my body like love, gratitude, appreciation and caring. I 'thought' I was experiencing them but the Wholality course opened my heart based emotions and truly helped me love 'all' of me. Now my previous low moods of anxiety and depression now have very little impact on my wellbeing.

I am now allowing myself to fully experience all my emotions. I have stopped hiding behind an invisible wall that I had unconsciously created. I experience wonder when I take time to look at a flower. I take time to create and feel heart based emotions such as love and appreciation. I take time to consciously enjoy things. I am looking forward to the future. I wake up in the morning and spend time breathing from my heart and enjoying the aliveness of my body. I appreciate being alive, this has been huge.



Verena Debnar

Coach, Entrepreneur and Animal communicator



"This course has helped me find my inner strength, I have felt deeply supported and it unified/tied-together everything I have ever studied!"

Wholality is for me a way to speak about the wholeness of life, both philosophically, yet practical. To see how we all are of the same source - and at the same time have very different life experiences. And Wholality shows us from different angles how our experience as a human being "works"

I love how Wholality brings together the energetic and also scientific way of looking at our experience in a human body :-). And how Wholality brings together the essence of different concepts like Non-Duality, 3P, LOA, as one.

The training has helped me find my strength within, how trauma is not 'just a thought' which has allowed me to get in touch with my body and navigate gritty experiences. The loving presence and support of Jules and Rudi who embody the understanding of Wholality has been profoundly helpful.

Azra Simonetti

Coach, Speaker and Corrections facilitator



“If you wish to help others you have to understand and accept yourself first. After so many other trainings Wholality® allowed a complete love, acceptance and an understanding of myself. It gave me the ‘whole’ answer, that other trainings only had in parts.”

I have done many trainings, Three Principles, Joe Dispensa, Non-Duality, you name it i have done it! However I have never done a training that has given me such a profound level of self love, self acceptance and to love myself just the way i am. It took away the guilt the same and opened up a place inside of me that was one with the divine, and an ‘ok-ness’ within my human experience.

I thought i understood how the human experienced worked before, but Wholality gave me such a zoomed out ‘whole’ picture that now i would say that this training is invaluable if you are a coach/facilitator. If you want to help others you have to understand yourself first, to accept others you have to accept yourself first. This trainings allows complete understanding and acceptance of yourself.

In other trainings there is this that’s ‘right’, that, that’s ‘wrong’, this that’s ‘good’, this that’s ‘bad’, a striving to ‘get somewhere’, the feeling that you haven’t ‘got it’ yet. Sometimes the training is very derogatory to other understandings, have a bunch of laws, steps, processes. But with Wholality you feel ‘whole’, ok with the ups and downs of the human experience, one with all things. You literally feel part of the whole. It’s a very expanded view that allows you to trust the wholeness within yourself. It offers an unconditional acceptance just as you are and life is, without trying to reach some goal of happiness, joy or perfection.

I trusted my intuition to join this course, and my intuition that was telling me I didn’t have the ‘whole’ answer. Wholality gave me the ‘whole’ answer and I thank Rudi and Jules who are master teachers with great clarity and open heartedness, this training felt like a divine embrace.

Link To Azra’s Video Testimonial: <https://rb.gy/qtsq8u>



Kari Siwe Haugen **Holistic Therapist and Yoga Teacher**



“Doing this training will help your clients, through you, see their ‘wholeness’ their self-love, self-acceptance and an unshakable wholeness within themselves. It did this for me.”

I've explored and studied many different teachings and understandings of life (like yoga and Eastern philosophy, non-duality, 3p, meta cognitive psychology, quantum physics...) Wholality is its own stand alone understanding that unites many different understandings - all in one training! So you can save years of exploring various directions and just go straight to the wholeness of being with Wholality!

This training has deepened my understanding of the mind-body-spirit connection and how we as spirits in human bodies are all so intimately entangled within one field of boundless consciousness.

At the same time emphasizing the importance of how we are all unique human beings with unique ways of seeing and being. This training embraces all of you, also the humanness. It points you back to yourself, your uniqueness, your wisdom and own answers. I feel more grounded and confident in my own wisdom and expression, deeply connected to both my body and to the energy of life itself.

If you want to work with others as a coach/facilitator/therapist, then doing this training will not only make you understand HOW the human experience is working, but also see the ‘whole’ of your clients that ignites their self-love, self-acceptance and an unshakable wholeness within themselves.



Renee Taintor **Healer and Coach**



“It has freed me from self judgment, and eliminated a burden I was carrying for years. I now love and appreciate who i am, and finally I can work with the wholeness of my clients as i have experienced it within myself.”

This training has allowed me to be 'me' just as I am. I can't even take in the depth, scope and utter freedom of Wholality, it's liberating and freeing it's living how I think we were meant to live. To me it's living in my presence of the omnipresence of God.

I can't describe how it undoes your erroneous perception, stuff that you don't even know that you are carrying that you are a slave to. This has impacted my entire life, because now I know who I am. Wholality surpasses the human understanding but includes the human understanding, it's the 'wholeness' of reality! I was taking the 'good' parts of me and thinking that was my 'wholeness' but no, it's every bit of me, and in that full acceptance I have experienced a profound, deep and unconditional acceptance of all-that-I-am. I thought I knew I was part of a universal source, but not in the way I know now.

This training is not just 'head' knowledge, we had exercises, meditations, contemplations, communing within, one to ones, connections with your class mates, embodiment webinars, the whole thing is just brilliant how it's put together. By design this course is an 'experience' that takes you beyond your cognition and ideas to a deeply experiential embodiment of that which you are learning. It has helped me live with more compassion, less judgment and not be so concerned with what others think of me.

So many times I have just been blown away to see things in wholeness rather than pieces, and how that directly impacted my second to second living. It has given me peace and comfort beyond understanding. It's so profound that words do not adequately express the fullness of this course!"

Link To Renee's Video Testimonial: <https://rb.gy/ttoq91>



Julian Mann **Published Author and Coach**



"This course has eliminated huge amounts of self judgment and introduced an unconditional freedom into my day to day life. If you wish to truly help others, then I know of no other course (and believe me I have done many) that allows you to help your clients from such a depth of presence."

I have far less self judgment and am able to flow with all the different emotional states I experience because I now see them as a natural consequence of being human. I also find myself naturally contemplating what to create for my best, most whole life and then creating it.

Wholality as a teaching enables us to see our being in all its many facets and embrace this as one whole with limitless potential. This was a huge take away, seeing the wholeness of being, where I had previously limited my perspective to the psychological elements of experience.

Another huge takeaway is the teaching around polarities which show us that the solution is always present concurrently alongside any problem. The explanation that highs and lows are a natural

consequence of being human also has a profound effect as it eliminates huge amounts of self judgment and introduces an unconditional freedom into our unique human experience.

Link To Julian's Video Testimonial: <https://rb.gy/npr25p>



Michelle Sternbuch Mother



“I have been shaken to my core, this has opened up infinity for me, opened doorways i didn't know where there, open hope, opened a ‘bigness’ behind the gift of being alive.”

I used to be terribly anxious, having a really hard time in life and really judging myself. After Wholality® I am no longer fighting my way through my own mind, life is simpler, I have more peace. When I wasn't doing very well I used to think 'where is my wisdom or God' now that's not even a question, it is within me unconditionally, there is just the wholeness of being.

I have been shaken to my core, this has opened up infinity for me, opened doorways i didn't know where there, open hope, opened a 'bigness' behind the gift of being alive. One thing i have really got benefit from is communing with any inner pain. In that acceptance of 'all' of me I have finally found healing. It's so gentle. and comforting. It's like a blanket for the soul, like giving yourself a hug for the first time, where all you used to do was fire arrows at it.

Link To Michelle's Video Testimonial: <https://rb.gy/ssxchk>



Susan Hills Coach and Entrepreneur



“Wholality unified science and spirituality into one whole, simple and accessible understanding, and also helped me articulate this to others.”

Many years ago, I had a reading that told me my path was to 'bring heaven to earth' by integrating science and spirituality. Until I came across Wholality, I found this task quite challenging. While I have studied (and attempted to understand) quantum physics and numerous spiritual teachings, which I taught in workshops and one to one's, Wholality has introduced a new perspective to my understanding.

As a previous mental health practitioner, I love the teachings of Syd Banks and The Three Principles. While I see the truth and simplicity in the Principles, I also experienced difficulty assimilating them into my work with clients.

Wholality helped remind me of energy's vital role in creating our life experiences. Whether we feel happy, sad, or bored is the result of energy continuously ebbing and flowing through us, forever contracting and expanding. Knowing this is liberating for myself and my clients. Like many others, I loved the Law of Attraction and enjoyed much 'success'. Again, Wholality introduces a more in-depth understanding of how this works, continuing with the theme of energy and its essential role.

The videos are educational and inspiring, and Rudi and Jule's bring their teaching to life. The length of each video is perfect too. I gained a deep understanding of each lesson, whether I had a few minutes to spare or much longer.

The love emanating from Rudi and Jules reaches across the miles, so you feel you are in the room with them. Thank you, Wholality, for finally helping me bring heaven to earth!

Ira Kokova Coach



“It is important in life to feel part of everything, to be free, to have peace, to be open to whats going on, I got all of this from Wholality.”

Most of my life I was struggling. I wasn't happy where I was and always judging life. I tried countless things but nothing worked until I started Wholality.

I embraced life inevitable ups and downs rather than fighting it. Where the 'oneness' was a nice belief, now I experience it within myself as a deep 'knowing' I started to experience life without the heaviness.

For the first time I was free, at peace and able to help others, it was such a gift. It is important in life to feel part of everything, to be free, to have peace, to be open to whats going on, I got all of this from Wholality®.

Link To Ira's Video Testimonial: <https://rb.gy/6om9dn>



Kevin Tang Coach



Personal Transformation

133% increase in Self-Love (from 3/10 to 7/10)
300% decrease in stress (from 4/10 to 1/10)

The course was structured so well, it set a foundation that went deeper and deeper as the days, weeks and month went by. It couldn't be designed any better!

I used to be ruffled by life challenges, now I am not. I used to analyze everything to death, now there is just a freedom of being. I used to see life as a 'destination' (I will be happy when) now I see it as a journey (presence in this moment). Freedom used to be 'out there' (getting, doing or being something) now it is within me- just as I am.

I 'realized' that I had an inner 'ok-ness' slowly at first, then built over the training to become a fully sustained inner ok-ness that I now have with me all the time, it's never lost, even during challenging times. I guess you could call that 'ok-ness' an ongoing self acceptance just as I am.

This would be helpful for coaches or therapist because as you personally embody this inner ok-ness, and wholeness within yourself, you will naturally see that in others, and your client feeling that you 'see' their wholeness, they will join you in their own self-acceptance and wholeness within.

I didn't do this to become a coach, I did this for my own benefit. However now, having done the training, words are moving 'through' me that I never had before, that's helping others, it's not about 'me' but the words are coming out and helping others.

Is this training 'real world applicable? Yes! I recently sold me house, I think i would have been 10x more stressed if I hadn't done Wholality® and understood how my perception worked! My life is now 10x smoother, I am more relaxed with my wife, with my little boy, I don't argue with my parents now!

Link To Kevin's Video Testimonial: <https://rb.gy/rrmfkz>



Anita Wiggins Coach and writer



“After so many other trainings Wholality was the missing piece that finally allowed me to heal and find balance in my life.”

This training has finally given me the means to heal from unresolved issues that i had been innocently by-passing as 'just thought' or 'not my true nature'. Realizing my 'whole' nature for the first time I am able to find peace within myself. I used to push away different philosophies or understandings now I see them all as part of the whole. I attended many, many trainings trying to find peace and balance in my life, through Wholality I found it! It has been the missing piece I had been looking for.

Jules and Rudi as trainers are so grounded and the way the course has been set up is fabulous and allows you to actually embody the information in a 'real-life' way. The one to one attention has been invaluable and I can't rate this course highly enough

Michele Kon Coach

"It's the most professionally presented course I have ever done on facilitating others."



I feel more peaceful, respond to life with more positivity and resourcefulness, and realized an inner 'ok-ness' despite my difficult past history and experiences
It's the most professionally presented course I have ever done on facilitating others.

I revisit the materials many times and keep getting deeper and deeper insights every time. In the six months I have done the training - I felt more peaceful and definitely responded from a more resourceful and positive place than before.

I discovered that I don't need anyone's permission to be OK just the way I am. My biggest takeaway was that I am OK just the way I am despite my past histories and experiences - I don't need to be better or fix myself.



Tony Coleman Master Practitioner and Certified Trainer of NLP & Hypnotherapy



"This training removed so much fear, it was literally the key to life for me. This is the kind of training that our world needs at this time in order to change where we seem to be heading and begin to heal on a global scale."

The shift in my entire life since doing this course has been phenomenal in ways I couldn't ever have imagined beforehand. I now know I am greater than I could ever imagine and I'm capable of handling anything that comes before me. Before I took this course my life was defined by the events that I was coming up against on any given day. Now I handle all kinds of challenges with a deeper sense of self and in a much more accepting, understanding and centered way.

When it comes to exploring new ways in which we can understand both ourselves and the world we live in, Wholality is a paradigm shift. This is the kind of thinking and training that our world needs at this time in order to change where we seem to be heading and begin to heal on a global scale.

Link To Tony's Video Testimonial: <https://youtu.be/R1Gould6qmQ>



Enrique Roman **Clinical Social Worker and Psychotherapist**



“Being a clinical Psychotherapist I previously used to have to see clients for years and years. However, now, after Wholality (wholeness within), I often only need to see them for a few weeks!”

Being a clinical Psychotherapist, the time I need to spend with my clients is getting shorter and shorter. I previously used to have to see clients for years now I see them for a few months or less. Now with Wholality It is very satisfying to see how peaceful they are. Something changes in them and they go home and have better lives, and often recommend family members or friends to see me! For my clients to see their wholeness, that there is nothing wrong with them, is very satisfying for me, because that is what I always wanted for my clients.

I used to live in an anxious state, now I have a peaceful confidence I call it. Understanding Wholality, that I am one with the universe, that I am not separate, has given me the grounding to show up in life, to make mistakes, it's all ok! Life is just flowing through me, it's ok to be perfectly human. Knowing I am nature in human form, I don't know how but it gave me a deep peace of mind, a deep relaxation, it is ok to be me just as I am!

I used to want to 'get out there' but something kept holding me back. Now, after the program it is very easy for me to put myself and my work out there, I am ok no matter what anyone says or not about my blog or work, it is a great thing I have learnt!

Link To Enrique's Video Testimonial: <https://rb.gy/qscdx0>

Fawn Miller

Life, Fun and Purpose Coach



“At the start of the course we did a deep ‘what wants to be created through me’ meditation and reflection, where I envisaged what I wanted to create in my life and business. I kid you not, within 6 months everything I envisaged happened, every single thing!”

Wow! This Wholality training has been completely mind blowing, expansive, deep, amazing and fun! It is literally life changing for yourself and your clients. I have had so many deep deep revelations, and through this training have helped my clients do the same. I recommend Wholality to all my clients and they have been having profound, profound shifts!

One of the aspects of Wholality is ‘Conscious Creation.’ Where we learn how to deeply commune within and uncover a deep energetic creative power. At the start of the course we did a deep ‘what wants to be created through me’ meditation and reflection, where I envisaged what I wanted to create in my life and business. I kid you not, within 6 months everything I envisaged happened, every single thing!

Link To Fawn’s Video Testimonial: <https://rb.gy/3hk4wy>



Sarah Swanton

Transformational Coach and Entrepreneur



“I have been on some of the most expensive coach trainings in the world- Wholality is worlds apart! I feel so complete, and the feeling of 'what course is next' has completely vanished. I'm just excited to go out and live this adventure called life!”

What have you got from this course?

I found my voice, let go of self-judgment, and learnt to really enjoy being me again.

What's different about this coach/teacher training compared to others you may have attended?

I have attended one of the most expensive 3P coaching trainings available in the market today, and the two are worlds apart. Really. This teaching from Rudy and Jules is fresh, current, real time

and engaging. You really feel like they are teaching from Source which is a very cool and unique experience.

Sometimes with Three Principles Coach training what can happen is the trainer has a propensity toward using certain language or metaphor, this is helpful at first but if used in repetition it potentially loses its impact. What I really appreciated about the way Rudi and Jules teach is that their examples are fresh, current and real time, and they use a variety of different words, phrases or metaphors to make the teaching point. They really have a respect for the fact that it is not the words that do the teaching, which is why they are scrupulous in not getting attached to words. Also, the one to one sessions in between the teaching videos are with Rudi and Jules themselves, which is so needed but so very rare when you compare that to other coach training courses within the 3P community.

How did 'wholality' help you?

I realized how perfect my life was, just as it is. I have found my voice and fallen back in love with life. I also loved the teachings about energy. I have always been someone who has felt connected to the energy of people, planet, animals etc and sometimes I feel it to the point of overwhelm. It was helpful to learn more about how this works and understand it from a scientific physics point of view as well as spiritually. There is much more to learn of course, because it can't all be taught or explored in 6 months, but it has given me enough for now, and I know where to go if I want to explore deeper.

Anything you could say about 'Wholality' as a teaching/understanding that you love and why?

I've had a very personal journey with this past 6 months that has accumulated in me learning something about myself, which has been literally life-changing in a good way. This is just my opinion, but I was getting a little frustrated with 3ps and non duality training because it didn't always acknowledge the whole self, all of it, and day to day experience, which is real and cannot be ignored. The most helpful part for me was the fact of cycles and ebbs and flows, and how our links to nature are far more entwined than we realize. I saw quite early on, the cycles in EVERYTHING, and that was comforting to see.

Please write anything else that the above questions may not have given you a chance to say!

I feel so complete, and the feeling of 'what course is next' has completely vanished. I'm just excited to go out and live this adventure called life, knowing that sometimes I will dip, and that's ok, it's all invited and all welcome. Thank you for guiding, loving, supporting us through the last 6 months, an experience that will always have a space in my heart.



Alison Parsons
Licensed Clinical Psychotherapist



“I have for maybe the first time seen myself as a whole human being. This insight has brought me a deep sense of peace and contentment in life.”

When I think of my younger self I can hear a deep longing for acceptance and understanding. I realized that this was the monumental change that the Wholality course provided me. I have for maybe the first time seen myself as a whole human being. I've had other deep insights but still had residual thoughts "if I could just clear x, y, or z up, then I would feel better." Something shifted for me throughout this course and I have seen that even in my difficult contracted phases, I am still functioning at my optimum as a whole human being, part of a greater energy of the universe but a complete part. Like a water droplet in an ocean. This insight has brought me a deep sense of peace and contentment in life.

As far as the business side of things, Wholality has been absolutely invaluable in my ability to help me clarify the direction I want to take my business. The marketing component of the training has helped to alleviate much of the fear and uncertainty I had regarding how to move forward. Thank you Wholality through Rudi and Jules!



Liz Gallagher **Award Winning Author Coach and Teacher**



“I love Eckhart Tolle, Pema Chodron, Joe Dispenza...combined, their teachings contain parts of Wholality, but not the ‘whole’ of it! Wholality does this!”

What have you got from this course?

These past six months have been a total revelation to what life is. So many things have clicked into place. The course in itself is informative, entertaining, good fun with beautiful explorations. Jules and Rudi have such an amazing capacity to speak from the heart, using metaphors and everyday language that we can connect with and the way in which they use their own personal experience and insights to clarify points and make the learning tangible and effective is really excellent. This is combined with a humility and a sense-of-fun that allows one to see what they are teaching, 'in action,' I could feel that their teaching formed part of who they were. That was wonderful to experience.

How much more confident are you to coach/teach after the training compared to before?
(rate yourself from a 1-10)

Before 3/10 now 9/10 confident to share! The learning on the course was so life-enhancing and essential that I really want to spread the word and share it and that is great motivation to have!

Why would you recommend this course to others?

I'd recommend the course because no matter your age, your life experience, your qualifications, this course adds so much to one's understanding of life: nature, love, living

in the moment, our perception of reality....it helps us to become more fully who we are by laying aside the desire to be always 'in top form, ' by accepting the ebbs and flows, by realizing that the 'down' moments reveal to us amazing things about ourselves. We develop deeper connection to our innate being, we become able to accept thoughts for what they are - transient moments and feelings - thus releasing us from the need to control and judge ourselves and others. Life becomes lighter and less of a burden even when outside circumstances are brewing up a storm.

Whats different about this coach/teacher training compared to others you may have attended.

I love Eckhart Tolle, Pema Chodron, Joe Dispenza...combined, their teachings contain parts of 'Wholality,' the difference is that Rudi and Jules have an immense capacity to simplify what often appears like the 'complicated.' Quantum physics is a big concept, believing in our innate wellness is a big concept, living in the 'present' is something equally big...Rudi and Jules' teaching has the capacity to make it all so accessible and relatable to our lives, the 'teaching' is not 'out there'....they, as people, and their way of teaching, connect spontaneously with our inner being making their teaching accessible and 'real' ...the teaching automatically catapults us into living in the 'now' naturally without having to force it....it is not a teaching for keeping in a course note-book. :)

How did 'wholality' help you?

I began accepting all parts of me, allowing myself to have mood swings and worries and insecurities without seeking to escape them or control them. I now feel a stronger, more frequent sense of peace and love and compassion for myself and others. I have become more confident and excited about life. I love knowing that feeling 'down' is equally valuable and that within seconds or minutes if I don't run with the story of feeling down, the feeling will disintegrate. Knowing that I view the world through my own filter, that reality for me is how I perceive it to be and seeing this really happening is empowering and lightening my load immensely.

Anything you could say about 'Wholality' as a teaching/understanding that you love and why?

I absolutely love it. It is so freeing for me to know that accepting the whole of us leads to great peace. 'Wholality' is enhancing each experience and encounter making life feel more exciting because in knowing about 'Wholality' I feel I am uncovering more of my potential and more able to live a joyous life regardless of what obstacles there may be in my life. I particularly love knowing we are not just part of nature but that 'we are nature' (Rudi). It makes me look more deeply at how nature just 'is'....and how in accepting the 'what is,' I have a more fulfilling experience of living. In general 'Wholality' is expanding my enjoyment of life, enjoyment of myself and my enjoyment of others.

Please write anything else that the above questions may not have given you a chance to say!

Just to say, thank you very much, Rudi and Jules, the course exceeded all my expectations! Thank you so much! Lots of love and gratitude!



Elaine McKenzie Youth Worker and Coach



“Wholality points you back 'home' to that space before thought / beliefs / concepts, to an ever present 'knowing.' It has blown my heart open and i have dropped self-judgment of myself and others.”

What have you got from this course?

A drop in judgment of self and others. That my voice does matter and what I have to share has value to others.

How much more confident are you to coach/teach after the training compared to before (rate yourself from 1-10)?

Before the course 2/10 confident to share now an 8/10!

Why would you recommend this course to others?

The course facilitators encourage participants to explore their own 'unique offering' and how their message / creativity can be shared with others. At no point do they state how the teaching / understanding should be shared, they point you back 'home' to that space before thought / beliefs / concepts, to an ever present 'knowing', an innate wisdom, which when we become more attuned to, can guide us to our authentic / heartfelt message that wishes to come through us.

What's different about this coach/teacher training compared to others you may have attended?

Throughout the course Rudi and Jules continue to express the importance of our own 'unique offering' and to explore and find our own way of sharing the 'understanding' with the communities that we work with. The facilitators made everyone feel as though they 'belonged' and were already equipped to share with others and that it was not dependent on how many other courses / qualifications you had, no body was seen as more of an expert / spiritual. With this as a root system, all participants could thrive and deepen their own understanding.

How did 'wholality' help you?

The training allowed a lot of time for reflection and growth. I felt more comfortable to share, 'warts and all.' It was an invaluable time to explore 'Wholality' with like minded people, with 'space held' for us each and every time, to share as little or as much as we wanted. My awareness of 'nature' and the 'energetic field' has most certainly been expanded and am continuing to enjoy my exploration and the lessons that can be learnt and shared.

How did 'Whole Marketing' help you?

Such in-depth knowledge has been shared and will be of huge benefit in the months and years to come, as I continue to commune and uncover my unique offering. The webinar

videos throughout the course have been outstanding and will serve as a continual source of knowledge and support, thank-you :-)

Please write anything else that the above questions may not have given you a chance to say?

'Wholality' is 'Inclusion', for me that is of MOST importance! Gosh, what love and light Jules and Rudi have shared over the last 6 months. At the end of the final webinar I was sat in tears, tears of open hearted-ness! Thank-you for being authentically you, sharing 'Wholality' and being so supportive to us all, we have been 'held' throughout! What you both do is transformational. Thank-you from the bottom of my heart for continuing to hold that mirror up. Some say you can't get a 'connection' on a webinar but you both 'blew it out of the water' just amazing, each and every time. Elaine xx



Anthony Donataccio Coach and Entrepreneur

“It fills in the gaps that other teachings miss, adds a WHOLE new dimension to life and has long lasting impact!”

What have you got from this course?



If I had to point my finger to the one major thing I got from this course it would be that it added another dimension to my understanding of how experience is created and lived, in a very simple and natural way.

How much more confident are you to coach/teach after the training compared to before? (rating yourself from 1-10)?

Before the training 2/10 now 8/10!

Being relatively new to this understanding, and having explored it with numerous other teachers in the 3P space for the twelve months prior to this facilitator training, I was beginning to find for myself that it was getting more confusing and restrictive as time went on. Wholality is freeing!

Why would you recommend this course to others?

Before I signed up for this specific training I first researched a number of other coaching/facilitator/mentor programs that were being made available at the same time. I even went as far as speaking directly with the different teachers and questioned them about their upcoming programs. After doing the same with Rudi and Jules, based on what they shared with me on the call, it felt a lot more natural and less rigid in the way they approach their training. After now having completed their program I would still say that because of the fluidity and natural essence brought into the training, which made it a lot less rigid, for me, contributed in a way that was much more impactful and long lasting.

What's different about this coach/teacher training compared to others you may have attended

Rudi and Jules have a very gentle and loving approach to sharing what they have seen for themselves which I personally found was a very organic way to learn from as a student. As teachers, they complement each other beautifully in their sharing.

Anything you could say about 'Wholality' as a teaching/understanding that you love and why?

As I somewhat referred to previously, what I love about this teaching is that it fills in the gaps that other teachings miss, almost like adding another dimension in the understanding which just makes sense, and it's so simple.



Claire Holland Coach and Facilitator



"If you want to offer coaching which is inclusive and valuable to everyone – no matter what their preferences, beliefs, religion etc. – Wholality training will help you fall back into the space before 'form', before labels and differences."

How has your personal life/mental/emotional space changed since doing the course?

The Wholality training has helped me feel less afraid of my own experience. I've become more relaxed and open to my ever-changing moods. Rather than seeing some emotions as good (joy, happiness, love) and others as bad (anger, frustration, anxiety), I now see the value in all of them. When I experience an 'uncomfortable' emotion, I allow myself to just be aware of it. And to be aware of my discomfort/resistance/judgment of it. Simply being aware, without feeling the need to change it, resist it, or judge it, somehow creates space. An openness that wasn't there before, which helps me see new possibilities and embrace new opportunities. This. Is. Life-changing.

Would you recommend this course to other coaches and why?

I would definitely recommend this course to other coaches. Wholality is a beautifully simple, comprehensive, profound understanding of Nature and the human experience. This course makes it possible to see that everything and everyone is a unique expression of consciousness, sharing the same essential nature, no matter how differently it appears.

If you want to offer coaching which is inclusive and valuable to everyone – no matter what their preferences, beliefs, religion etc. – Wholality training will help you fall back into the space before ‘form’, before labels and differences. A space of love and openness where you and your clients can re-discover your unique, infinite creative potential.

What do you think of the teaching of ‘Wholality’?

Rudi & Jules are AMAZING!! They have the rare ability to bring clarity and simplicity to any topic, whilst at the same time embracing it’s apparent complexity. They’ve both had personal experiences of ‘falling back into’ their whole nature, the pure consciousness that we are all expressions of.

They zoom into the details of our human experience, which makes their teaching incredibly practical and helpful. This ‘zooming in’ is kept in perspective by ‘zooming out’ to see the bigger picture, how everything is beautifully interconnected. Rudi & Jules have created an extraordinary life, by truly embracing the infinite creative potential that we all are. They lead by example...with Love, Compassion, Wisdom and Humor!!



Claire Christopher. **Mental Wellbeing and Resilience Coach**

This course brought down years of old belief systems, this new sense of freedom is beyond words that I can express!



I’d struggled most of my life to get myself into and keep myself in the ‘happy zone’, the ‘Garden of Eden’. The many books on my bookshelf were testament to the lengths I had gone to! I wanted to be like the other normal people on the planet who were living the dream, always smiling, composed and confident. I constantly questioned myself as to ‘what I was doing wrong’ each time my moods dared to shift into the sad, self-conscious, not-good enough, scared, moody, angry, jealous zones (to name but a few). Why was the Universe so against me, I must have done something really bad in a past life! No sooner had I thought I’d conquered a new technique I’d find myself right back at square one, back in the unhappy zone and my self-judgment knew no bounds, it would constantly rip my arm off and batter me around the head with the wet soggy end as a reminder of how useless I was.

The question that kept coming up for me, that I didn’t have the answer to, was ‘if we are given all these different emotions why is it that I am constantly trying to eliminate feelings that me and world deem to be bad or wrong?’ It didn’t make any sense, but a light was about to be shone on that question and an answer was soon to be illuminated to me.

I went on the Wholality Course and little did I know then how transformational this would be! Rudi and Jules have a very special and unique way of teaching that embraces the whole self, which was the missing piece of the jigsaw puzzle for me. I came to realize that all my life I had been focusing on the Yin and pushing away the Yang; only wanting to embrace the good and not the bad; hankering for the expansion and dreading the contraction. All the while I truly believed that was how life was supposed to be lived, but I was coming from a simple misunderstanding. Fortunately, through their gentle guidance and their use of simple yet very profound teachings they helped me to see something new that brought down years of old belief systems. I no longer deem it necessary to eliminate any feelings or emotions that arise in the moment as each and every one of them is perfect in design. The sense of freedom I feel from letting the belief that certain feelings are better than others go, is beyond words that I can express.

With this new sense of freedom, I am now able to create my very own symphony on the piano keyboard that is my life. I no longer inhibit myself to only playing with one hand. Whatever shows up in my life I have the confidence to embrace it with all my heart.

Thank you Rudi and Jules for showing me how to row my boat back to shore and finding my way back home.



**The following testimonials are from
Students who trained with us BEFORE we
started teaching Wholality®**

Karen Evanoff

Nondaltons Tribal Member and Social Anthropologist



'My culture revolves around the understanding that everything is connected. As a result, all of life is respected and deeply cared for. The natural world is central to this connectedness. What Rudi and Jules offer in the Wholality program-- the concept of 'wholality' directly relates to all of life being connected.

They offered examples and tools to demonstrate an inclusive open-minded approach that was so refreshing and supported my spiritual growth in many ways. Their offering was not as 'teacher' but as partners, gently supporting the expression of my own wisdom. I completed the program feeling confident and ready to be of service as a coach/facilitator. I would highly recommend this program to anyone wanting to take that next step!

Jacquie Moses

Coach, Practitioner, Facilitator and Speaker, Founder of Space to Lead

“The training is like a gateway to reality. It helped me to see how mindfulness, the three principles, non duality, the law of attraction and how me and you and the world, are all part of the Whole.”



Rudi and Jules, you are both very special people. I'm so happy you have birthed Wholality into the world. I feel blessed that I got the opportunity to be on the first ever 'Coaching From The Essence' training. I see Wholality as a divine download!

I have been on a personal and spiritual journey for over 30 years and I've trained in many modalities. The Wholality training is like a gateway to reality. Its helped me to see how mindfulness, the three principles, non duality, the law of attraction and how me and you and the world, are all part of the Whole. Knowing this on a whole new level has brought about a profound internal shift and an acceptance of myself and life.

As a Wellbeing Coach working with overwhelmed senior leaders and frontline health practitioners during and post Covid, the training has shifted who I am being as a coach. I've been able to help clients find inner peace and strength. As well as, tune in to their greatest resources their wisdom, clear mind, resilience and compassion, in the midst of a global health crisis.

What I know for sure - "Our whole nature is inclusive, it holds the challenges, beauty and possibilities of life"

Much Love Jacquie



Fiona Jacobs

**Certified Master Transformative Coach, Certified Professional Supervisor.
MBA, MSc in Coaching and Behavior Change, BSc (Hons) Nursing.
Diploma in Healthcare Management, Certified Mediator.**

“This training is like bathing in the full experience of being alive! After being on so many other trainings this was the natural next step for me, I found myself falling more in love with, as well as embracing, my whole 'essence' as a human, as a partner, and as a coach.”

I have completed a lot of trainings in coaching and the 3 Principles over the last 12 years, so I wanted to choose a program where I could spend time exploring my 'whole' nature of self more deeply. This seemed to be the most natural next step in this journey of life. I loved the simplicity, and breadth and depth of this 6 month program. I found myself falling more in love with as well as embracing my whole 'essence'. After the program I am more still, more connected to life and our nature, and experience feeling more alive.

I loved this joyful exploration with Rudy and Jules, both of whom are compassionate, loving and wise souls and love waking people up to the simplicity of human nature, that ebbs and flows, and the deeper intelligence that lives and breathes through us in every moment. A delightful and impactful program where you get to bathe in the full experience of being alive.’

How has your personal life/mental/emotion space changed since doing the course?

Since completing the course, I am more still, more connected to life and our deepest truest nature, and experience feelings of aliveness, freshness and abundance in my life every day.

Would you recommend this course to other coaches and why?

I loved the simplicity, and breadth and depth of this 6 month program. I found myself falling more in love with, as well as embracing, my whole 'essence' as a human, as a partner, and as a coach.

This was a 6 month joyful exploration with Rudi and Jules, both of whom are compassionate, loving and wise souls and love waking people up to the simplicity of human nature that ebbs and flows, as well as the deeper intelligence that lives and breathes through us in every moment.

A delightful and impactful program where you get to bathe in the full experience of being alive.

What do you think of the teaching of 'Wholality'?

I loved the breadth and depth of looking at our whole self, as well as the invitation and exploration into what is ‘our true nature’.

This course has taken me more deeply in my own looking and realizations beyond other explorations. I feel a wonderful connection to the energy of nature and the

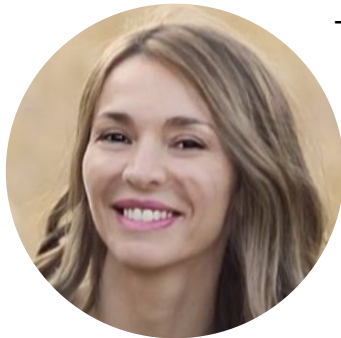
universe, and experience a beautiful more profound relationship with the consciousness we are.

What business help have you got and why was it helpful?

I had a thriving global coaching and supervision business before I started the program, and what I would love to share is the I received expert help and support very specifically for my situation, around ‘putting my message out there in the world’ exploring synergies of social media, creating a presence and hub where people can show up in my world, whether they love to read my writing, be part of my tribe, or become a client. This is a priceless addition to the program!

Thank you and so much love! Fiona Jacobs

Graciela Corrales Arias
Nutritionist and Trainer and Coach



This training has been a truly amazing experience that has exceeded my expectations. I got so much out of the program personally that I can see how it has transformed many areas of my life.

The way I perceive the world, how I relate to my husband, my kids, and, most importantly, myself. Rudi and Jules are wonderful teachers, I now feel confident to share this understanding with my clients.

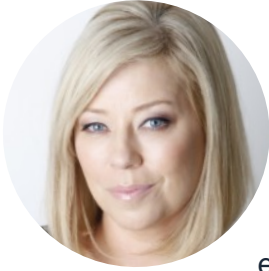
Nuyen Huyen Thi Thanh
Model and Coach



I would recommend the training for anyone, not only those who want to be a coach or therapist. Because everything Rudi and Jules have been sharing is amazingly powerful, helpful, and wise which could set people free from all the problems we think we have.

Also, what I love the most about the training is they always encourage us to look inside, connect with our love and inner wisdom, believe in ourselves and find our own voice. That's made my personal life and all my relationships a lot easier for me. Also, they gave me confidence and I have been sharing about the training to everyone I know, I am so lucky to have participated!

Rudi and Jules are amazing pointers to the spiritual truth of existence. I am letting go of past trauma and can feel my confidence to grow.



Having been around this understanding for almost three years now, my initial interest in doing this course was to grow my coaching business. Now, only two months in, I am delighted at how it is helping me to align all of the different modalities I have studied over the last 12 years. What felt like fragmented understandings of what make us who we are, is now coming together as a whole.

Rudi & Jules have created a wonderful expedition for those who wish to explore deeper and to share this fundamental understanding of who we truly are.

While I usually get quite nervous about speaking in groups, Rudi and Jules have attracted a beautiful community of like-minded souls, making for a safe, accepting space for sharing what we've seen so far and to develop our understanding further. I can feel my confidence grow as I begin to see on a deeper level where my insecurities are coming from.

Rudi and Jules are amazing pointers to the spiritual truth of existence. Having had a couple of one to ones with each of them, I have gained some wonderful insights, which has resulted in me letting go of the rumination of past traumatic events, which were taking up a lot of headspace and as I realize more now, keeping me stuck.

I highly recommend this course to anyone who wishes to explore deeper into the true nature of life, and especially so, for those who wish to share it with others

Angela McEvitt- Coach, Healer and Therapist



From this course I have discovered news ways to share the understanding and have had so much help with technical skills as well as marketing myself.

As people Rudi and Jules really do walk their talk, and live life in tune with what they are sharing. Just being on a call with them both you can feel the love they have for each other, as well as for there students.

As teachers they work amazingly well together. When they are sharing with us you can really feel the truth in what they are saying, as they are both so passionate.

Rudi has a wealth of knowledge and is incredibly articulate in sharing what he knows. I have discovered so many new ways of sharing this understanding from his teaching. I have had a one to one with Rudi and have benefitted hugely from what we talked about.

Jules has a huge amount of experience with Marketing, and is so keen and excited to get me out into the world professionally. During our one to one Jules really helped me with technical skills as well as marketing myself.



Charlie Crossman- Electrician and Coach



I am already noticing how old patterns of insecurity and anxiety are falling away.

Jules and Rudi both have an incredibly powerful gentle and loving presence and are helping me see so much more. Although we are towards the beginning of the facilitator training I am already noticing how old patterns of insecurity and anxiety are falling away. I am effortlessly gaining far more confidence in growing my own business and I know this is down to their huge support.

Dawn Robinson- Life Coach and Blogger



I feel more confident talking to clients and the chatter inside my head has slowed way down!

Firstly for practical reasons; We meet by webinar and there are no additional expenses like travel and hotels which keeps the costs down! I love that the meetings are recorded so you can watch them anytime, and the cost of the course is so reasonable!

Emotionally, on the course I'm finding; I'm more in touch and kinder to myself. I've been listening more to my body and the chatter inside my head has slowed way down. Before I could hold full blown conversations, even disagreeing with myself!



I feel more confident in that if I was talking to a client it's not about listening to all their content but more about feeling a connection with them. From there I would try to take them from WHAT they're thinking to THAT they're thinking. This was quite a revelation for me.

This course has taught me life is so much calmer and easier than I believed

Shona Collins- Facilitator



So far I am getting so much more than I bargained for as I am uncovering new ways to share about the beautiful spiritual nature of all things

I came to this training to help me with marketing and setting up my coaching business. But, so far I am getting so much more than I bargained for as I am uncovering new ways to share about the beautiful spiritual nature of all things



I am absolutely loving this facilitator training with Jules and Rudi. I like to think that Rudi is the king of insightful analogies, Which are so helpful in

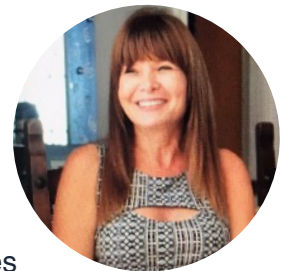
pointing us in the direction of a beautiful understanding that helps to uncover our resilience. Jules has a huge heart and a depth of love and compassion that is infectious and disarming. I am so grateful to be a part of this community. Thank you Jules & Rudi for letting me be a part of this community. Lorie Ann Lee

Lorie Ann Lee- Coach and Trainer



This training initially allowed me to come off medication I had been on for years and now this training helps people get grounded in this understanding but are also teaches us how to be facilitators through examples and practice. Jules and Rudi's love and generosity comes right through the internet

I have been around this understanding for 5 years and have been blessed to first have Rudi as my teacher and now Rudi and Jules in this program. They are two beautiful authentic people who share this understanding beautifully.



I have been on many programs in the 3 principles community and this one is by far my favorite. Not only do they help people get grounded in this understanding but are also teaching us how to be facilitators through examples and practice.

Their love and generosity comes right through the internet. I also love that they are covering non-duality and the principles in a very easy way to understand. I highly recommend this program to anyone interested in learning an understanding that has helped me in many areas of my life. Love you Rudi and Jules. I am forever grateful that you are both in my life!

Essi Herman- Coach and Trainer



By implementing the business skills I learnt on the training I am getting clients, work and visibility. I have now got the confidence to write a book, I am presenting to big groups of people, and getting work from publishing my podcasts. The course connected me to an inner-wisdom that has allowed me to feel free in life, have more peace of mind, and attract more clients for my business.'

Isabelle
Author, Speaker & Coach



I have gone from a 2/10 to a 9/10 in feeling confident to coach/facilitate! The practice facilitating has been priceless and I have never in my life experienced such an expansiveness—it was life altering!

Throughout the entire training you feel so loved, so held, so supported, so safe, and you are never judged. Jules and Rudi just embody pure love.

Lexi

Author, Therapist and Coach



Since I completed my training with Innate Evolution, my business has transformed in ways I could not have imagined! It gave me the skills and confidence to actually earn a full time living from being a coach and working with parents and children”

Marie Arymar: Author, Coach and Blogger



What I notice is the effortless nature of how lifelong patterns of limiting beliefs can drop away.

Being a part of the facilitator training is a profound gift. Rudi and Jules provide a loving space where insights naturally arise. Hearing the insights of others spark my own deeper realisation of the grace, resiliency and wisdom that resides within each and everyone of us.

What I notice is the effortless nature of how lifelong patterns of limiting beliefs can drop away. There is a greater ease and peace within myself, my faith and in my relationships as I see the innate wellbeing we all have regardless of the circumstances. I highly recommend this training.

Debbie Milam. Author, speaker and facilitator



This training has made an elusive teaching tangible, to experience it as an embodied learning and how to find your own voice to articulate it’s impact.

”This training is an amazing opportunity to work with Rudi, the man behind the 3P movie site, who learnt from Syd Banks, Dr Roger Mills and George Pransky, amongst many other first generation 3P thinkers. It is the course I had been waiting for and I cannot recommend it highly enough. It is well structured, with extensive resources and outstanding support.

Rudi & Jules have created a warm, safe space to explore this understanding to a deeper level, to discover what it means to experience it as an embodied learning and how to find your own voice to articulate it's impact.

I first came across Rudi's work around two years ago and felt like I'd come home. His wise words, skill and clarity made this elusive teaching tangible. This understanding has the potential to transform our experience of life in a truly profound and far reaching way and I am grateful to have had this opportunity to study with Innate Evolution."

Beth Soderstrom. Therapist



To join this training was the best decision I have made in 60 years! I am getting personal and professional benefit.

Walk the talk, that is what Rudi and Jules show in their way of unfolding the Three Principles for us. They both show the importance of the human encounter: the not to be underestimated value of the live transfer. Until now I learned some great theoretical examples, which we can use in our future facilitating. But nothing compares to the experience of sharing the wisdom and joy with them both and meeting with fellow-students - diving into the depth of insights in the principles - and I get the benefits, as well in professional as in personal life - of the best decision I made in my (almost 60-year) life. "Highly recommended for anyone who considers to go deeper into the insights in the Three Principles and wants to share them!

John Verhoeckx,. Coach and therapist



The format of the Innate Evolution Facilitator training works so well for me as a mum and many of us have let go of so much limiting and out dated thinking.

Rudi exudes compassion, joy, wisdom and such heart, it blows me away. He is a true space of love for us all.

"The format of the Innate Evolution Facilitator training works so well for me as a mum with a young child. The online space allows me to be at home during the break times over the training weekends, and the evening webinars work well too. It is amazing that we have managed to build such rapport and community within our group even though we haven't met in person. The online space feels so safe to open up and explore what is true for us, and many of us have let go of so much limiting and out dated thinking.

Rudi is a truly tremendous teacher. As well as living the Principles he is so knowledgeable of how to teach and facilitate. He exudes compassion, joy, wisdom and such heart, it blows me away. He is a true space of love for us all. I have already learnt so much from him, and I know I will continue to learn so much more.

I am so very grateful that I found my way to this training which is of such high quality I can't recommend it highly enough"

Lindsay Krabbendam. Healer and therapist



This course is overflowing with value and useful resources, comprehensive, and applicable to all different facets of sharing this understanding with others in any type of situation

Being part of the Innate Evolution Facilitator Training has been a highlight of this year for me. The warmth, love, and connection that come from learning and sharing with an absolutely amazing group of people is priceless and a consistent reminder that I can be myself.

Rudi is a phenomenal Instructor/Leader/Facilitator/Friend, and I love the energy and sharing from Jules alongside him. Rudi has a gift of creating the conditions and atmosphere of sinking into that 'deep good feeling' that comes from this understanding, and I've found his ability to put the formless into words and share this understanding in a myriad of ways incredibly helpful in deepening my own understanding and in expanding my own ideas, concepts, and possibilities around sharing with others.

This course is overflowing with value and useful resources, comprehensive, and applicable to all different facets of sharing this understanding with others in any type of situation.

Chris Davies. I.T professional



I have been noticing changes in my life and the impact this is having on my peace of my mind without any effort on my part.

Although it's early days on the facilitation course (we are one weekend in), I have been noticing changes in my life and the impact this is having on my peace of my mind. Recently my house sale fell through the day before completion for the second time and I was depressed, angry, frustrated for about one day before my thoughts changed to acceptance and let's get on with the next viewings etc.

My friends have all commented on how well I've coped with the situation but it's been without any effort on my part. The support is genuine and heartfelt from Rudi and Jules and I feel incredibly lucky to be part of this group.

Yvonne Hayes



'Going home' is not just words anymore, but an absolute truth and knowing. I am soaking up all the love that is a constant with me since starting, even when all around me is mayhem

I am absolutely loving the course, I am soaking up all the love that is a constant with me since starting, even when all around me is mayhem. I've noticed that I bring my awareness to my thoughts, catching my thinking and just understanding it's just my thinking is happening more often. 'Going home' is not just words anymore, not just a description but an absolute truth and knowing. I'm getting so much more than I bargained for. You have to go for it! Thank you Rudi and Jules

Kim Davis



Rudi & Jules are truly beautiful, inspirational people. Their insight, warmth, generosity and passion shine through in everything they do. Whatever your reasons are for joining this course, you will find the answers you are looking for

'This course is unlike any other learning I have ever experienced. From the very first session, you are introduced to the deceptively simple, yet deeply profound understanding which forms the foundation of the entire 9 month journey. A new understanding of how life really works, which gently reveals itself to be undeniably true and brings a new clarity and simplicity to every area of life. Rudi creates a safe space to explore this understanding, where you feel fully supported, accepted and valued. His unique combination of simple clarity, humor, honesty and practical real life examples make it a joy and a pleasure to learn and grow, even (especially) when your brain is still trying to catch up!

Rudi & Jules are truly beautiful, inspirational people. Their insight, warmth, generosity and passion shine through in everything they do. Whatever your reasons are for joining this course, you will find the answers you are looking for (plus many more answers you didn't even know you were looking for!) and you will find them in the last place you would think to look - that's the best bit!. Rudi & Jules will take you on the most exciting, rewarding journey of discovery and you will never look back...'

Claire Holland

As a therapist and coach I find I am achieving greater impact and results for my clients.



Participating in the facilitator training has helped open up a world of possibility in all facets of my life. Having attended courses and participated in group webinars and 121 mentoring, the biggest changes I have experienced in my life are in how I deal with challenging circumstances. I feel calmer, more at peace and open. I

feel more able to find solutions more easily and more effortlessly connect with other people.

As a trained therapist I already felt that I had a good grasp of how the mind works and a strong degree of self-awareness. However learning the Three Principles of how the mind really works with Innate Evolution has transformed the way I experience my life.

I experience more love, joy and creativity than I thought imagined, and the beauty is that it feels effortless. As a therapist and coach I find I am achieving greater impact and results for my clients. The key change has been in how I connect with my clients. I now go into session with new or existing clients with far less on my mind and a sense of creativity and possibility that makes even my most challenging clients a joy to work with. I can honestly say the training has been life changing for me.

Laurence Knott
Transformative Coach & Therapist



I highly recommend this program to anyone who would like to see profound shifts in their life and work situations.

It has been an immensely rich experience of immersion into the understanding, gradually bringing me in touch with my inner wellbeing and my own wisdom. Their warmth, generosity and continuous support, coupled with their deep connection and insight into this understanding provides for a unique learning experience. I highly recommend this program to anyone who would like to see profound shifts in their life and work situations.

Tore Skatun, from Norway



“It has been a wonderful year full of new learning and insights far beyond my expectations This is one of the best things I have chosen to do and I am forever grateful.”

I have enjoyed the facilitator training immensely. My heartfelt thanks to you all for for sharing from your warm hearts and your wisdom. For me it has been a wonderful year full of new learning and insights far beyond my expectations. Through a deeper understanding of the nature of experience my life has become more meaningful and it has given me a new direction in life.

I am less tense and frustrated, and I am living my life with much more ease and contentment. I enjoy life more! This is one of the best things I have chosen to do and I am forever grateful.

Kari Skatun, from Norway



“I have gone from being burned out and exhausted to creating my own practice helping others. I would never have believed it was possible to feel so alive and vibrant whilst living in a meditative space for much of the time.”



I am experiencing deep gratitude and contentment most of the time. The nature of experience revealed in action have uncovered a grounded sense of well being and deeper, more powerful feeling of freedom and rest available to me. My circumstances have changed, sometimes in miraculous ways and I have experienced profound insights in both my work and personal life.

I have gone from being burned out and exhausted to creating my own practice helping others. I would never have believed it was possible to feel so alive and vibrant whilst living in a meditative space for much of the time. I feel more loving, quiet and calm and would highly recommend that anybody seeking inner peace look towards this simple Truth about how we function as human beings.

Rudi radiates love, compassion and joy throughout their courses and retreats. The training have shown me how to live more in the moment, in a non judgmental way and how to share this new paradigm in psychology. My greatest joy is that there are no techniques or processes. There are many teachers of the nature of experience in the UK but I chose Rudi and because of his integrity, approach and loving kindness which is ever present.

Ann Ross,
Certified Trainer of Trainers, International Facilitator, and Public Speaker



‘The resources offered are priceless, every resource is a gem stone waiting to be uncovered

I am a body worker and I have been aware that to a large extent people's thought systems has a direct response with tension being held within the body. With the training now I can just talk to them and many of their problems gets resolved! Attending the facilitator Training has had a big impact and has been a life changing event. Any time I need support or need to chat to someone I can contact a mentor at any time. I can progress through the program at a pace that suits me. I feel completely included.

I would recommend the program to others because the resources offered are priceless, every resource is a gem stone waiting to be uncovered. Because this program very simply, clearly ,and in an authentic way explains the nature of how we work. The innate evolution trainers have a grounded experience in the way they teach, they are honest and down to earth , they say how it is to them. Their dedication to helping others is humbling..

Rupert Crocket, Bodyworker



“It has been the best investment I have ever made in any course (and trust me there has been a lot) as I am now on a path of transformational change that I have always been searching for.”

At the start I had some thoughts about whether I would get as much out of it being an online course, but after the first retreat that was blown out of the water! I've noticed that I can have much more compassion for extremely difficult people and my relationships has improved especially with my girlfriend.

What I really love about the innate evolution trainers are the way they are coming from a really authentic, genuine, honest place .. their openness to their human side comes across as showing their real self. These qualities along with the fact their understanding of the nature of experience has deepened so much in the last couple of years and their unstoppable passion for genuinely caring and wanting to be of service has given me not one shrewd of doubt they are perfect match with helping me along my journey.

Rich Slater
Therapist



“By trusting my intuition I get things done quicker and with more ease. In busy times I feel less stress and keep enjoying the work.”

I experience much more love and connection, as well with my husband and kids as in other relations. Taking decisions – which was always rather difficult - has become much easier now that I trust on intuition rather than my intellectual mind. Without trying, I noticed that I do much less reflecting on past situations and conversations than I use to do. This has brought much more peace and quietness in my mind.

By trusting my intuition I get things done quicker and with more ease. In busy times I feel less stress and keep enjoying the work. Not having too much on my own mind makes it easier to be open minded to the people I work with, which is very beneficial in the policy processes that I support.

While continuing my business on a normal level, I started coaching and doing workshops to share the understanding of the principles. I am very curious where this path will lead me further in the future.

The innate evolution trainers are great teachers, as well as very loving and compassionate people. They have a very rich understanding of the nature of experience. There is enormous richness in the way they share their insights. They share very openly how the principles work out in the day to day small things of life. But they are also able to point us to the spiritual truth of existence.

Annelies de Graaf from Holland
Consultant environmental policy and strategy planning



“Life just became easier and more effortless, in all areas of my life. I started to open up to the possibility that life could really be light, fun and actually full of love. I found it easier to make decisions, I worried less, and started to laugh more! With facilitating you are not told what to do or how to do it, but rather you are supported to find your own voice and in your own way.”

The deepening of this understanding over the year enables you to have more confidence in sharing your own understanding in your own way, something that I find invaluable. You are not told what to do or how to do it, but rather you are supported to find your own voice and in your own way.

The support and connection with other course participants is lovely as you are all going through the same journey and often have the same questions and stories to tell - this creates a sense of family which is great during periods of transition.

Rudi is a fabulous human being and has a unique way of creating a space where you feel safe, supported and loved. He does not present themselves as an expert there to teach and tell, but rather as a facilitator - sharing his experience and understanding in a way that supports you to gain your own. He is compassionate and deeply loving, always available to point us back to our humanness.

The year long program with them has been one of the best things I have done! I am constantly pointing others in their direction because I know that everyone who spends time with the innate evolution people feels so good!

Mandy Spray
Coach and trainer





“When I sit with Rudi I experience a quietening of my mind, a sense of calmness and openness from which arises a clarity of understanding. I could not recommend him more highly as a teacher.

Rudi is a teacher in the true sense of the word. He teaches from his own personal experience and the way he sees things. He carries no need for you to see it his way but invites you to make up your own mind. To come to your own insightful understanding. And he does this with his steady, sensitive, heartfelt and always honest approach, often laced with humor. Above all else, he embodies the understanding so when I sit with him I experience a quietening of my mind, a sense of calmness and openness from which arises a clarity of understanding. I could not recommend him more highly as a teacher. With love

Michael Brown
Transformational Coach



“Rudi is an incredibly gifted teacher He will change the way you see and experience life”.



Rudi is an incredibly gifted teacher and has a beautiful way in which he shares the truth behind life. I have had the pleasure of being taught by Rudi many times and I always feel moved by what he shares. He is always willing to meet you where you are and shows up without judgement and creates a safe space for you to just be yourself. He also has a wonderfully curious nature which also makes learning with him a lot of fun. When I am with Rudi I know he has seen this

understanding very deeply and shares from a deeply grounded place. If you get the chance to spend time with Rudi then I highly recommend it. He will change the way you see and experience life.

Sam Hurst
Artist and public speaker



Rudi really personifies Love. His teaching touches me more deeply than any other person sharing.”



To me, there is no other person that I enjoy listening to, as much as Rudi. As a teacher, he explain difficult things in a very simple way, there were many aha moments clarifying things. There is structured

and he uses a lot of really good metaphors where other teachers are more "fluffy". He is very honest and open really speak from your heart, from your own experience of oneness and love – and it touches me more deeply than what I have heard from any other teacher (including Syd Banks!).

Marie Engel



“You will learn so much from this man as he lovingly and compassionately shares your journey with you”

Rudi is one of the nicest people you could ever meet, so knowledgeable, yet so humble. Don't underestimate his unique talent in the way I fear he does. You will learn so much from this man as he lovingly and compassionately shares your journey with you, giving you more than you could ever imagine. A true gift from “God”.

Cheryl Ford. Therapist